

## **SEX - GOD'S IDEA**

Sex is one of the least talked about but most widely practiced activities in the church. The world often has a low view of sex, and unfortunately the church has sometimes taught unbiblical views about sex. Following are some Biblical teachings:

1) **Sexual intercourse outside of marriage is ALWAYS sinful and wrong. Both adultery and fornication (pre-marital sex) are condemned** (Heb 13:4; Eph 5:13; Ex 20:14; Acts 15: 20,29; I Cor 6:12-20; I Thes 4:3-8; Prov 5:15-20, 6:2-35).

2) **Sex inside of marriage is good, wholesome, and is God's idea.**

\* God created us male and female, and created us as sexual beings (Hebrew: male = piercer; female = pierced) (Gen 1:27).

God evaluated His creation as very good (Gen 1:31).

\* Sex has a high spiritual significance in God's eyes. The sexual relationship between a husband and wife is symbolic of the relationship between Christ (groom) and His church (bride) (Eph 5:31-32).

\* Sex is designed to help us become as one (intimate), to create children, to help meet our needs, and to bring joy into our marriages (Gen 1:28, 2:24, 9:1; Mt 19:5; I Cor 7:2-5; Prov 5:15-20; Song of Solomon).

\* God's Word contains a whole book devoted to the joy of marital sex -- the Song of Solomon. A few principles from the Song of Solomon include:

- Desire for sex and intimacy is good
- Communication is important
- Good sexual relationship comes after a good personal relationship
- Should not be inhibited
- Responsibility is on the husband to prepare the wife for a good sexual experience
- Sex should be mutually enjoyable and pleasurable

- \* An excellent marital sexual relationship should be pursued, BUT we do need to keep sex in perspective and remember that spiritual fruit is a more important pursuit.