

# Deborah and Jael

“Sometimes It Takes a Good Woman to Get the Job Done”

## Cast of Characters:

**Deborah:** Wife of Lappidoth; Prophetess, Judge and leader of Israel

**Jael:** Wife of Heber; she was a strong, courageous and decisive and choose to help out Israel

**Jabin:** A king of Canaan

**Sisera:** Commander of Jabin’s army

**Barak:** Leader of Israel’s army

**THE STORY (Judges 4: 1-24; 5:1-31. Takes place about 1300 BC)**

## Key observations and insights?

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## Some Lessons from Deborah and Jael:

- 1) Women can play important leadership roles; God can speak through women
- 2) Deborah was a woman who balanced her many roles of life. She was a wife, maybe a mother, a prophetess and a judge. She had a close relationship with God and focused on serving Him and the people He has placed in her care.
- 3) Both women were led by God and courageously did His will.
- 4) Jael’s action in killing the killing Sisera (the commander of the Canaanite army that had oppressed Israel) assured Israel’s victory (it was the icing on the cake). It also changed the allegiance of her family to Israel from Canaan.
- 5) Jael evidently had a strong, trusting relationship with her husband Heber, and he apparently supported her in her actions.

## Other lessons and applications to us today?