

BIBLICAL INSIGHTS ON “TYPES” OF PRAYER

Ephesians 6:18 *“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints”.*

Prayer “types”:

1) Continual Prayer

a) I Thes 5:16-18 - we should pray continually

ACTS prayer model:

Adoration (worship) (Psalms 117:1-2)

Confession (I John 1:9)

Thanksgiving (Psalms 100:4, 104:1, 5)

Supplications (requests – yourself & others) (2 Corinthians 12:9-10)

b) Colossians 4:2 – we should be devoted to prayer (make it a priority)

(Prayer = spiritual breathing; Bible = spiritual food; Good works (service) = spiritual exercise.

Need all three on a regular basis to be spiritually healthy!)

c) Hebrews 4:14-16 – we pray to a sympathetic and understanding God

2) Persistent Prayer

Luke 11:1-13

Luke 18:1-18

3) Intensive Prayer and Fasting

a) We should pray and fast with humility (Psalms 35:13; Luke 18:9-14)

- b) Normally we should fast in secret (Matthew 6:16-18)
- c) Prayer & fasting can be a part of worship (Luke 2:36-38)
- d) Prayer and fasting can accompany important decisions and actions (Acts 13:1-3, 14:21-23)
- e) Spiritual battles sometimes need intensive prayer & fasting (Matthew 17:21; Mark 9:25-29)
- f) Fervent prayer is powerful (James 5:16-18)

Closing Thought:

When God has blessed us and answered our prayers, don't forget to say thanks! (Luke 17:11-19)